



Time to give yourself the time & freedom you deserve.
Get your body movin' & groovin' again like when you
were a kid!

Register for your favorite today- limited space available!

591 Cranbury Road East Brunswick 732-406-2074
Under Chase Bank

Text to reserve your spot

Monday 7:00 pm- Adult Tap

Monday 8:00 pm –Adult Barre/Stretch

Tuesday 9:15 am- Pilates with props (int)

Tuesday 7:30 pm – Int. Tap

Wednesday 12:30- Lunchtime Jazz (MUST
PRE REG VIA TEXT)

Thursday 9:15 am- Pilates with props (beg)

Thursday 7:30 pm- Zumba/Dance Fitness

PRICES

Drop ins- \$15

4 classes (in one month)- \$55

9 classes (used within three months)- \$120

Punch card may be used for 9 classes



No Pressure, Just Fun!